

FREE Services for People with Memory Loss and Their Family Caregivers in North Central Texas



Dementia Friendly
North Central/East Texas

Service	What Service Does	Who Qualifies	How Service is Provided	Where to Get More Information
Adult Protective Services	Investigates if someone may be abused, neglected or exploited	Texans who are at least 65 years old or disabled	State of Texas caseworker does investigation.	1-800-252-2412
REACH	Gives one-on-one education and support to family caregivers	Care for person with memory loss who's living at home	Demetia specialist talks with caregiver over the phone at least once a month for several months.	1-800-272-3900 if in North Central Texas
Respite	Gives temporary break to family caregivers	Care for older adult or young adult with severe disabilities	Area Agency on Aging pays for someone to give caregiver a break.	1-800-252-9240
Dealing with Dementia Workshop	Helps family members understand dementia and deal with challenging behaviors	Anyone caring for family member with memory loss	James L. West does virtual classes (by computer, tablet or smartphone).	817-877-1199

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Home-Delivered Meals	Brings at least five meals per week to the home	Be at least 60 years old and homebound	Home-delivered meal staff and volunteers deliver meals	1-800-252-9240
Memory Cafe	Brings people together for fun and relaxing dinner	Have dementia and/or care for someone with dementia who lives in Denton area	Dementia Friendly Denton organizes dinner at Denton restaurant.	940-453-9784
Stepping Stones	Provides fun activities to people with memory loss and gives information to their family caregivers	Have dementia and/or care for someone with dementia who lives in Denton area	Stepping Stones meets weekly at Trinity Presbyterian Church, Denton.	940-453-9784
Caregiver Support Groups	Provides information and support to family members	Anyone caring for a person with memory loss	Groups meet over the phone, by computer and in person.	1-800-272-3900
Aging information and referral	Gives information about services for older adults and family caregivers	Anyone who's at least 60 years old or caring for someone who's at least 60	Area Agency on Aging resource specialist provides information over the phone.	1-800-252-9240
Dementia information and referral	Gives information about services for people with dementia and their family caregivers	Anyone with memory loss or caring for someone with memory loss	Alzheimer's Association Helpline provides information and support over the phone.	1-800-272-3900

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Case Management	Pays for things like medical equipment and supplies, housekeeping, and minor repairs	People who are at least 60 years old or caregivers of older adults, young adult with severe disabilities, or grandchildren	Area Agency on Aging caseworker does assessment and sets up short-term services.	1-800-252-9240
Help in the Home	Helps with housekeeping and personal care	People with low incomes who are older or have disabilities	Aging and Disability Resource Center helps people apply for programs that help in the home.	1-855-937-2372
Medicare and Medicaid information	Helps people understand what Medicare and Medicaid pay for and who qualifies	Anyone who wants more information about Medicare or Medicaid	Area Agency on Aging benefits counselors provide information and help fill out applications.	1-800-252-9240



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