Relocation Services for Nursing Home Residents

Doni Green Area Agency on Aging of North Central Texas

MDS 3.0 Section Q

Facilities must make facilitated referrals on behalf of residents who want to return to the community and don't have active discharge plans

Q0300: Resident's Overall Expectation

- Resident's overall goal established during the assessment process
- *I. Expects to be discharged to the community*
- 2. Expects to remain in this facility
- 3. Expects to be discharged to another facility/institution

Q0400: Discharge Plan

- Is there an active discharge plan in place for the resident to return to the community?
- 0. *No*
- 1. Yes-skip to Q0600

Q0500: Return to Community

"Do you want to talk to someone about the possibility of returning to the community? 0. No 1. Yes

Q0600: Referral

- Has a referral been made to the local contact agency?
- No—determination made by resident and the care planning team that contact is not required
 No—referral not made
- 2. Yes

Facilities' Responsibilities

Notify Local Contact Agency if residents express a desire to learn about possible transition back to the community, care options, and supports

Local Contact Agencies' Responsibilities

Timely respond to nursing home staff referrals by providing information to residents about available community-based longterm care supports and services

Both Parties' Responsibilities

Engage the resident in discharge and transition plan and collaboratively work to arrange for all of the necessary communitybased long-term care services

Options Counseling

 Serves non-Medicaid residents
 Both phone and face-to-face consultation available
 Call 1-877-229-9084

Intense Case Management/ "Home by Choice"

- Must be Medicaid-eligible (i.e., have community and/or nursing home Medicaid)
- Services provided on-site at nursing home

Home by Choice Target Population

Persons with complex needs, as defined by the State (e.g., lack of housing, residence in facility of three months or longer, impairments of five or more activities of daily living, co-occurring physical and mental disabilities)

Scope of Home by Choice

Coordinate State and local programs (especially non-Waiver programs), help find suitable housing, apply for public benefits, arrange for public transportation, follow up post-transition

Medicaid Waiver Programs (1)

- STAR+PLUS: bypass
- Community Living Assistance and Support Services: bypass
- Medically Dependent Children's Program (bypass)

Medicaid Waiver Programs (2)

- Deaf Blind Multiple Disabilities (no bypass)
- Home and Community Services (bypass for children only)
- Texas Home Living (no bypass)

Home by Choice Processes (1)

>Within two weeks of referral, relocation specialist (RS) will assess resident in facility and develop independent living plan >RS will coordinate with waiver case manager and all others resident wishes to have involved

Home by Choice Processes (2)

- RS will make at least monthly contact
- RS will remain involved until resident relocates, withdraws from program, or loses eligibility
 RS will follow those who relocate for at least 90 days post-relocation

Relocation Grants

Transition Assistance Services (TAS): one-time grant, not to exceed \$2,500 for deposits, essential furnishings, etc.; arranged by HMOs >Transition to Life in the Community (TLC): one-time grant, not to exceed \$2,500 for food, clothing, etc.; arranged by relocation specialists Grants available to Medicaid beneficiaries only

Home by Choice Timelines

- In general, at least two months to arrange waiver services
 - May take up to several months to secure subsidized, independent housing

Home by Choice Application Procedures

Call 1-800-272-3921, ext. 7193 or 7398, or Fax face sheet to metro (817) 695-9274

More Information Call (817) 695–9193 or (817) 608–2398 Email: dgreen@nctcog.org or

<u>tbusby@nctcog.org</u>