



Need a break from caregiving duties?



Are you an unpaid caregiver who provides help with daily living activities for ...

- An individual of any age
- Who has a chronic serious health condition or disability?

We can provide a voucher that pays for temporary help in your home or in another care setting, such as a day program. To qualify, you must

- Be related to the person you provide care for
- Have already used or not be eligible for respite services available from government programs

Caregivers must live in Collin, Denton, Ellis, Erath, Hood, Hunt, Johnson, Kaufman, Navarro, Palo Pinto, Parker, Rockwall, Somervell or Wise County.

Available **Now**

Call **1-855-937-2372**



Provided by North Central Texas Council of Governments' Aging and Disability Resource Center
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