



You're invited to a FREE webinar
for emergency responders, health care and other professionals, family caregivers, etc.

Cumulative Stress & Self-Care

Tuesday, March 24, 2026

10:00 a.m. – 11:30 a.m.

*****Complimentary CEUs available for LPCs and Licensed Social Workers*****

Presenter:

Dr. Ron Mottern, PhD

Disaster Behavioral Health Coordination

Texas Health and Human Services

Online Registration Required at:

<https://cumulative-stress-self-care-3-24-2026.eventbrite.com>

Webinar Instructions will be emailed to registered participants one day prior to the webinar via ZOOM.

For questions please contact:

NCT AAA: Marty Mascari: Marty@NTADS.net or call (940) 202-4500 ext 101