

Benefits counseling services are provided as part of the Texas HICAP (Health Information, Counseling and Advocacy Program), which is the federally designated State Health Insurance Assistance Program (SHIP).



Get help with health care, drug, food and utility costs.

You may qualify if you have limited income and you are on Medicare or have a disability.

There is no cost to apply.

Call us at our Benefits Enrollment Center to learn more.



The North Central Texas Area Agency on Aging is a program of the North Central Texas Council of Governments and is funded in part by the Texas Department of Aging & Disability Services.



Center for Benefits Access

This brochure has been produced in part from a grant awarded by the **National Council on Aging (NCOA)**. All opinions expressed herein are those of the North Central Texas Area Agency on Aging and not NCOA.

1-800-272-3921
ext. 7364 or 7687

The Benefits Enrollment Center is a program of the North Central Texas Council of Governments Area Agency on Aging

616 Six Flags Drive • Arlington, TX 76011
1.800.272.3921 • nctcog.org

The Benefits Enrollment Center staff can explain the benefits and submit the applications for you.

You may be eligible for:

- Medicare Savings Programs (MSPs) – pays some or all Medicare premiums, deductibles and coinsurances
- Medicare Part D Extra Help (EH) – pays premiums, reduces copays, and eliminates the donut hole
- SNAP food assistance – provides a cash payment to supplement grocery costs
- LIHEAP/CEAP utility assistance – helps you weatherize your home and reduce heating and cooling costs
- SSI/Medicaid – provides cash payments to supplement your income
- Other drug programs, tax relief, or respite care

Some programs require supporting documents, such as proof of identity and income, statements that show ownership of property or resources, and receipts or bills that show ongoing expenses.

If you live in Denton, Erath, Hood, Palo Pinto, Parker, Somervell or Wise counties

Call **1-800-272-3921, ext. 7364**

If you live in Collin, Ellis, Hunt, Johnson, Kaufman, Navarro or Rockwall counties

Call **1-800-272-3921, ext. 7687**

Or, send email inquiries to:

benefits@nctcog.org

How much can benefits help?

- The value of Extra Help with Medicare Part D prescriptions is \$4,000 per year.
- The average monthly SSI payment for older adults is \$425.
- The average SNAP benefit for an older adult living alone is \$119 per month.

The North Central Texas Area Agency on Aging also provides unbiased benefits counseling services to residents of:

Collin, Denton, Ellis, Erath, Hood, Hunt, Johnson, Kaufman, Navarro, Palo Pinto, Parker, Rockwall, Somervell and Wise counties.

Certified Benefits Counselors assist callers Monday-Friday from

**8 a.m. to 5 p.m.
at 1-800-272-3921**

