

**Do you have a
disability,
are you an
older adult,
or do you
care for someone
with a disability and
need help finding
social services?**

We can HELP!!



The North Central Texas Aging and Disability Resource Center is your link to federal, state, and local services.

It provides information to people with disabilities of all ages and their caregivers who live in Collin, Denton, Ellis, Erath, Hood, Hunt, Johnson, Kaufman, Navarro, Palo Pinto, Parker, Rockwall, Somervell, and Wise counties. There is no charge for ADRC services.

Call us at 1-877-229-9084
or send an email to: adrc@nctcog.org.

The North Central Texas Aging and Disability Resource Center helps people like you get connected to services. We help people find and get services such as:

- Medicare Low-Income Subsidy and Medicare prescription drug plans
- Children's Health Insurance and special needs programs
- Medicaid benefits such as Special Nutrition Assistance Program and Temporary Assistance for Needy Families
- In-home services
- Emergency financial assistance
- Medicare Savings Programs
- Therapy for people with mental health needs
- Community services for people with developmental disabilities, such as autism
- Programs to help people find jobs
- Caregiver respite

And more. . . .

The North Central Texas Aging and Disability Resource Center is an interagency initiative, administered by the North Central Texas Council of Governments. It is funded by the Texas Department of Aging and Disability Services and supported by a number of not-for-profit and for-profit agencies.

